

THE RX FORM

“It’s important to fill out the form as completely as possible so that our lab has all the pertinent information for making an orthotic that best suits the patient’s needs.”

FILLING OUT THE PRESCRIPTION

1. Complete the Patient Information section.

2. Complete the Patient Problems section.

Being complete on this section will help us to make an optimal orthotic when we see the bio-foam model.

The following diagnoses will have special modifications to the orthotics:

(4) Leg Length Insufficiency — Mark the side that is shorter and how much lift you want added. An adult shoe can have as much as 12mm lift inside the shoe. Any more, and the shoe will need to be modified by a local shoe repair shop.

(5) Morton’s Neuroma/Metatarsalgia — Any pain in the ball of the foot will be helped with the metatarsal pad to relieve some pressure in this area.

(6) Plantar Fasciitis/Heel Spur — A heel spur can be accommodated with a cutout in the plastic to take the pressure off the heel.

3. Top cover colors can be seen in the “Understanding Orthotics” section of the binder.

4. Choose an orthotic design.

The Total Chiropractor and the Total Basic. How do we choose?

The main difference between the two is merely the type of shoe that the patient primarily wears. If the patient is wearing a lace-up shoe with a removable insert, we suggest the Total Chiropractor. If the patient wears a dress shoe without a removable insole or without laces, then we suggest the Total Basic. Total Basic is a thinner device and leaves more room inside the shoe.

Other line descriptions are found in the “Understanding Orthotics” section of the binder.

5. Mark areas of pain and callusing on the foot models.

6. Choose shipping options.

7. Remove the bottom sheet for your patient chart (or make a copy).

8. Fold the form and put in the center of the bio-foam box.

9. Ship the box with a Total Contact shipping label.